

# Professional Training for Addiction Counselor Certification (CAC I, CAC II & SAC)

## Professional Training for Certified Addiction Counselor

- Training Dates:** Jan 24, 27, 28 & 29, 2015 and Feb 7, 2015 (5 full days)
- Time:** 9:30am to 5:30pm
- Fee:** HKD8,800 (Includes training materials, examination and certification fees)  
HKD7,800 (Early birds by Nov 30, 2014)
- Venue:** 8/F, Tung Wah Mansion, 199-203 Hennessy Road, Wan Chai, Hong Kong
- Language:** English and Cantonese
- Target Participants:** Social workers, counselors, psychologists, nurses or health care professionals who work with substance abuse and addictions
- Trainers:** Overseas and local addiction specialists, Clinical Psychologist, Psychiatrist, Senior Social Workers
- CE Accreditation:** CNE (35 points) approved by Nursing Council of Hong Kong  
CME/CPD pending by Hong Kong Academy of Medicine, College of Psychiatrists

### **Don't miss the Grandfathering period (January to December 2015) of APCCAP!**

***Local addiction professionals who complete the training within the grandfathering period and meet the criteria of credential level will be exempted from the full examination by a short examination of 50 questions.***

#### **About Us**

Tung Wah Group of Hospitals (TWGHs) has accumulated extensive experiences in treatment of a range of addiction problems, and has been granted the Approved Education Provider status by the National Association for Alcoholism and Drug Abuse Counselors (NAADAC) to offer professional training and continuing education towards certifications in Hong Kong and the South East Asia region. The Asia Pacific Certification Commission for Addiction Professional (APCCAP) set up under the TWGHs, is now the Professional Certification Board in Hong Kong to issue professional credentials for addiction specialists.

According to the individual's education attainment and related work experience, three levels of credentials under APCCAP, including: Certified Addiction Counselor Level I & II (CAC I & II), and Senior Addiction Counselor (SAC) will be issued. Participants have to complete the training (with at least 80% attendance) and pass the examination (to be held in March 2015) to be awarded the professional credential.

#### **Contact Us**

TWGHs ICAPT  
8/F, Tung Wah Mansion,  
199-203 Hennessy Road,  
Wan Chai, Hong Kong

Tel: (852) 2827-1408  
Fax: (852) 2877-9559

Contact person: Ms Elda Chan

# Training Contents and Credentials

## Training Contents

This training aims at enhancing:

- ✧ Competency of professionals in diagnosis and treatment of substance use, abuse and dependence;
- ✧ Assessment and monitoring of treatment progress with the application of standardized bio-psycho-social tools;
- ✧ Theories and practice in addiction counseling.

### Module 1 – Pharmacology, Physiology and Important Drug Interaction

Pharmacological information essential to diagnosis and treatment including classifications of psychoactive substances, signs and symptoms of substance abuse, role of central nervous system in substance abuse

### Module 2 – Co-occurring Disorders

Common co-occurring mental health disorders and other co-occurring addictions with substance abuse

### Module 3 – HIV & STDs

Infectious diseases most prevalent amongst substance abusers and special considerations working with this population

### Module 4 – Intake, Screening and Diagnosis

Knowledge and skills necessary for intake and assessment; standardized biopsychosocial measure for assessment and treatment planning (The ASAM Criteria (American Society of Addiction Medicine) will be presented by its Chief Editor, Dr. David Mee-Lee)

### Module 5 – Treatment Planning, Relapse Prevention, Discharge and Continuing Care

Knowledge and skills needed for developing a workable and quality treatment plan with client including treatment plan, referral, and relapse prevention

### Module 6—Counseling Theory & Methods

Overview of the major theoretical approaches and techniques used in addiction counseling such as motivational interviewing, cognitive behavioral therapy and community reinforcement approach; individual and group intervention; case management approach

### Module 7—Ethical and Professional Issues in Addiction Counseling

Ethical principles and models for ethical-decision making in everyday practice of addiction counseling

## Requirements for different levels of credentials\*:

	<b>Certified Addiction Counselor , Level I (CAC I)</b>	<b>Certified Addiction Counselor , Level II (CAC II)</b>	<b>Master Addiction Counselor (SAC)</b>
Academic attainment	Diploma from a regionally accredited university or college	Bachelor's Degree from a regionally accredited university or college	Master's Degree from a regionally accredited university or college
Supervised work experience in addiction counseling	Three years' full-time or 6,000 hours	Five years' full-time or 10,000 hours	Five years' full-time or 10,000 hours, three years or 6,000 hours of which is post master's degree
Training and education in addiction related counseling subjects within the past 5 years	270 contact hours	450 contact hours	500 contact hours
	Including training on ethics and HIV/AIDS		

*\*Participants are required to provide relevant proof of education attainment and related work experience*

# Multi-disciplinary Training Team

## Our Training Team

Our professional training team consists of overseas and local experts in addiction counseling. For this training, we have constituted a strong multi-disciplinary team that includes Psychiatrist, Psychologist, and Experienced Addiction Specialist.

### David MEE-LEE, M.D.



Dr. Mee-Lee is a board-certified psychiatrist, and is certified by the American Board of Addiction Medicine (ABAM). Based in Davis, California, he trains and consults both nationally and internationally. Dr. Mee-Lee is Chief Editor of The ASAM Criteria and is Senior Vice President of The Change Companies. He is also a Senior Fellow, Justice Programs Office (JPO) of the School of Public Affairs (SPA) at American University, Washington, DC. Dr. Mee-Lee has over thirty years experience in person centered treatment and program development for people with co-occurring mental health and substance use conditions.

### Albert CHUNG Kar-Kin, MBBS(HK), FHKCPsych, FHKAM(Psychiatry)

Dr Chung is the Associate Consultant Psychiatrist in the Department of Psychiatry of Queen Mary Hospital. He is also an Honorary Clinical Assistant Professor in the Department of Psychiatry of the University of Hong Kong. He has rich experience working with drug abuse problem and he is specialized in working with youth with drug abuse problem.



### Ms. Elda CHAN Mei Lo, B.A., M.A., PhD. Candidate, MAC



Ms. Chan has over 20 years working experience with addictions and co-occurring disorders. She is now the supervisor of the TWGHs Integrated Centre on Addiction Prevention and Treatment (ICAPT). Ms. Chan has obtained the Master Addiction Counsellor (MAC) credential and is an approved Education Provider of NAADAC. Ms. Chan has published a number of papers and book chapters on addiction, and is one of the authors for the Chinese G-Map, clinical assessment for gambling disorder.

### Ms. Brenda CHUNG Yin Ting, B.A., M.A. (Social Work), RSW

Ms. Chung has over 20 years working experience with youths' emotional and behavioral problems including drug abuse and addictions. Ms. Chung is the supervisor of Counseling Centre for Psychotropic Substance Abusers (CROSS) and the Alcoholic Treatment Service. She has presented a number of papers at international conferences and was the observer in the Regional Meeting on NCD Prevention and Control through the Reduction of Alcohol-related Harm, Western Pacific Region, World Health Organization, in 2012 & 2013.



# Professional Training for Addiction Counselor Certification Registration Form

## I. Personal information

Name in English: \_\_\_\_\_ Name in Chinese (if applicable): \_\_\_\_\_

Title:  Mr.  Mrs.  Ms.  Dr.  Prof.

Organization/ Affiliation: \_\_\_\_\_ Position: \_\_\_\_\_

Correspondence Address: \_\_\_\_\_

Tel: \_\_\_\_\_ Fax: \_\_\_\_\_ Email: \_\_\_\_\_

## II. Academic qualification

From (mm/yy)	To (mm/yy)	Name of College/ University/ Institution	Program

## III. Professional membership (if any)

Membership Title	Institute/ Board

## IV. Work experience related to addiction

From (mm/yy)	To (mm/yy)	Name of Organization	Position

I declare all personal data and information given in this application form are true and correct.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Please make a cheque payable to “**Tung Wah Group of Hospitals**” by mail or in person to “Tung Wah Group of Hospitals ICAPT, 8/F, Tung Wah Mansion, 199-203 Hennessy Road, Wan Chai, Hong Kong” on or before **Dec 31, 2014 (Early birds by Nov 30, 2014)**. For enquiry, please contact Ms. Elda Chan at 2827-1408.

*The organizer reserves the right to make decision on the registration. The registration fee is non-transferable and non-refundable.*